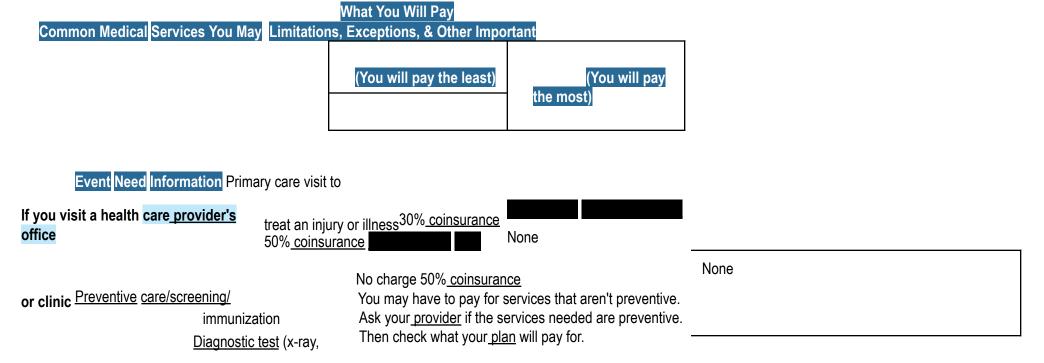
Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services Coverage Period: 9/1/2023 – 8/31/2024 Regence BlueShield of Idaho, Inc.: Regence HSA Healthplan 3.0SM Coverage for: Individual and Eligible Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, go to https://regence.com/go/2023/booklet/ID/HSA3.051-100 or call 1 (888) 367-2117. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at healthcare.gov/sbc-glossary or call 1 (888) 367-2117 to request a copy.

What is the overall <u>deductible?</u>	\$2,500 individual (single coverage) / \$5,000 family per calendar year.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the policy, the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay.
Are there services coveredbefore you meet your <u>deductible?</u>	Yes. Certain <u>preventive care</u> and those services listed below <u>as "deductible</u> does not apply" or as "No charge."	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at healthcare.gov/coverage/preventive-care-benefits/.
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan?</u>	\$5,000 individual (single coverage) / \$10,000family* per calendar year. *An individual on family coverage will not havetheir out-of-pocket limit exceed \$6,850.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If youhave other family members in this <u>plan</u> , the overall family <u>out-of-pocket limit</u> must be met.
What is not included in theout-of-pocket limit?	Premiums, balance-billing charges, and healthcare this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit.</u>
Will you pay less if you usea <u>network provider?</u>	Yes. See https://regence.com/go/ID/Preferredor call 1 (888) 367-2117 for a list of <u>network</u> providers.	This <u>plan</u> uses <u>a provider network</u> . You will pay less if you use <u>a provider</u> in the <u>plan's</u> <u>network</u> . You will pay the most if you use <u>an out-of-network provider</u> , and you might receive a bill from <u>a provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use <u>an out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> beforeyou get services.
Do you need <u>a referral</u> to see a specialist?	No.	You can see the <u>specialist</u> you choose without a <u>referral.</u>

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All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.



blood work) 30% coinsurance 50% coinsurance

If you have a test Imaging (CT/PET scans,

MRIs) 30% coinsurance 50% coinsurance

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<u>What You Will Pay</u> Common Medical Services You May Out-of-Network Provider Limitations, Exceptions, & Other Important

(You will pay the least)

Tier 230% coinsurance / retail prescription 30% coinsurance / home delivery prescription

Tier 330% coinsurance / retail prescription 30% coinsurance / home delivery prescription Deductible does not apply for tier 2 insulin and drugs specifically designated as preventive for treatment of certain chronic diseases that are on the Optimum Value

Specialty drugs Refer to tier 2 and tier 3 drugs above.

90% coinsurance / specialty drug The first fill of specialty drugs for hemophilia may be provided by a retail pharmacy; additional

If you need drugs to treat your illness or condition More information about prescription drug coverage is available at https://regence.com/go/ 2023/ID/3tier

Tier 130% coinsurance / retail prescription 30% coinsurance / home delivery prescription

What You Will Pay Common Medical Services You May Out-of-Network Provider Limitations, Exceptions, & Other Important (You will pay the least)

Event Need (You will pay the most) Information 20% coinsurance for

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pay the difference in cost in addition to the copayment and/or coinsurance. fills must be provided by a specialty pharmacy or a specialty pharmacy designated as a hemophilia treatment center.

No charge for certain preventive drugs, contraceptives and immunizations at a participating pharmacy. If you fill a

brand drug or specialty drug when there is an equivalent

generic drug or specialty biosimilar drug available, you

Medication List.

90-day supply / retail prescription (your cost share is per 30-day supply)

90-day supply / home delivery (mail order) prescription 30-day supply / specialty drug prescription Specialty drugs are not available through home delivery (mail order).

Coverage includes compound medications at 50% coinsurance.

Cost shares for tier 2 insulin will not exceed \$100 / 30day supply retail prescription or \$300 / 90-day supply home delivery (mail order) prescription.

ambulatory surgery centers;

surgery

50% coinsurance None

If you have outpatient

Facility fee (e.g., ambulatory surgery center)

30% coinsurance for all other facilities

center physicians;

30% coinsurance for all other physicians

Physician/surgeon fees 20% coinsurance for ambulatory surgery

50% coinsurance None

transportation 30% coinsurance 30% coinsurance None **Emergency medical**

If you need immediate medical attention Urgent care

Covered the same as If you visit a health care provider's office or clinic None (Primary care visit or Specialist visit) or If you have a test above.

Facility fee (e.g.,

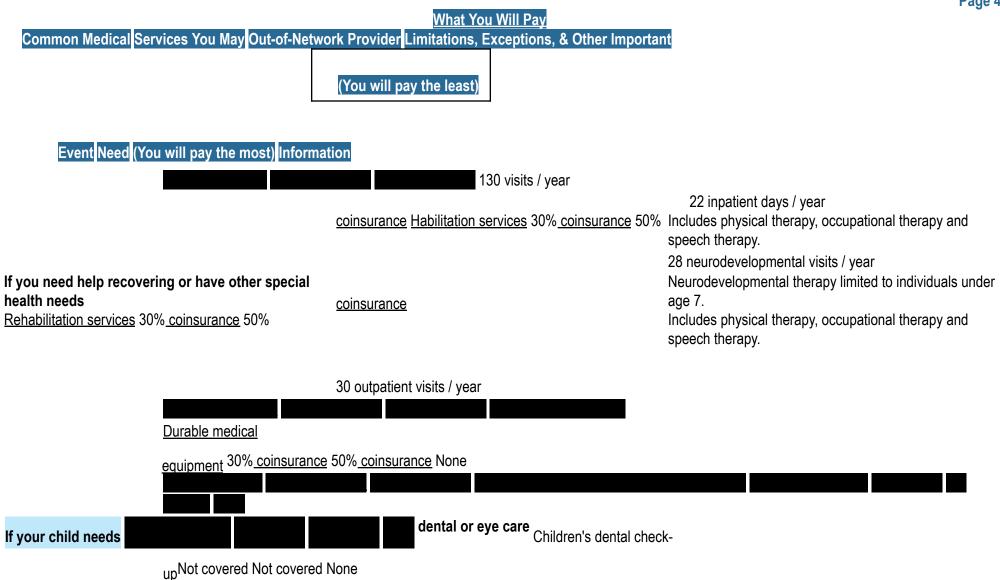
If you have a hospital <u>30% coinsurance</u> 50% coinsurance None hospital room)

stay Physician/surgeon fees 30% coinsurance 50% coinsurance None

If you need mental health, behavioral health, or substance Outpatient services 30% coinsurance 50% coinsurance None

abuse services Inpatient services 30% coinsurance 50% coinsurance None

	Office visits 30% coinsurance 50% coinsurance	Cost sharing does not apply for preventive services.
Childbirth 30% <u>coinsu</u> professional services	/delivery <u>rance</u> 50% <u>coinsurance</u>	Depending on the type of services, a <u>copayment</u> , <u>coinsurance or deductible</u> may apply. Maternity caremay include tests and services described
	facility services 30% coinsurance 50% coinsurance	elsewhere inthe SBC (i.e. ultrasound).



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Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Abortion, except when performed to preserve the life
 of the enrolled individual
- Acupuncture
- Bariatric surgery

- Cosmetic surgery, except congenital anomalies Dental care (Adult)
- Infertility treatment
- Long-term care

- Private-duty nursing
- Routine eye care (Adult)
- Routine foot care, except for diabetic patients
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.) • Chiropractic care, spinal manipulations only • Hearing aids • Non-emergency care when traveling outside the U.S.

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the U.S. Department of Labor, Employee Benefits Security Administration at 1 (866) 444-3272 or dol.gov/ebsa/healthreform, or the U.S. Department of Health and Human Services, Center for Consumer Information and Insurance Oversight at 1 (877) 267-2323 ext. 61565 or cciio.cms.gov or your state insurance department. You may also contact the plan at 1 (888) 367-2117. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit HealthCare.gov or call 1 (800) 318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact the plan at 1 (888) 367-2117 or visit regence.com or the U.S. Department of Labor, Employee Benefits Security Administration at 1 (866) 444-3272 or dol.gov/ebsa/healthreform. You may also contact the Idaho Department of Insurance by calling 1 (208) 334-4250 or the toll-free message line at 1 (800) 721-3272; by writing to the Idaho Department of Insurance, Consumer Affairs, 700 W State Street, 3rd Floor; P.O. Box 83720, Boise, ID 83720-0043; through the Internet at: doi.idaho.gov; or by E-mail at: consumeraffairs@doi.idaho.gov.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1 (888) 367-2117.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:

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This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

■ The plan's overall deductible \$2,500 ■ The plan's overall deductible \$2,500 ■ The plan's overall deductible \$2,500 ■ Specialist coinsurance 30% ■ Specialist coinsurance 30% ■ Specialist coinsurance 30% ■ Hospital (facility) coinsurance 30% ■ Hospital (facility) coinsurance 30% ■ Hospital (facility) coinsurance 30% ■ Other coinsurance 30%

This EXAMPLE event includes services like: This EXAMPLE event includes services like: This EXAMPLE event includes services like: Specialist office visits (prenatal care) Primary care physician office visits (including Emergency room care (including medical supplies) Childbirth/Delivery Professional Services disease education) Diagnostic test (x-ray) Childbirth/Delivery Facility Services Diagnostic tests (blood work) Durable medical equipment (crutches) Diagnostic tests (ultrasounds and blood work) Prescription drugs Rehabilitation services (physical therapy) Specialist visit (anesthesia) Durable medical equipment (glucose meter)

Total Example Cost Total Example Cost Total Example Cost
In this example, Peg would pay: In this example, Joe would pay: In this example, Mia would pay: Cost Sharing Cost Sharing Cost Sharing Deductibles \$2,500
Deductibles \$2,029 Deductibles \$2,500 Copayments \$0 \$0 Coinsurance \$2,500 Coinsurance \$937 Coinsurance \$90What isn't covered What isn't
covered What isn't covered Limits or exclusions \$61 Limits or exclusions \$178 Limits or exclusions \$0 The total Peg would pay is The total Joe would pay is
The total Mia would pay is

NONDISCRIMINATION NOTICE

Regence complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Regence does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Regence:

Provides free aids and services to people with disabilities to communicate effectively with us, such as:

- Qualified sign language interpreters
- Written information in other formats (large print, audio, and accessible electronic formats, other formats)

Provides free language services to people whose primary language is not English, such as:

- Qualified interpreters
- Information written in other languages

If you need these services listed above, please contact:

Medicare Customer Service 1-800-541-8981 (TTY: 711)

Customer Service for all other plans 1-888-344-6347 (TTY: 711)

If you believe that Regence has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with our civil rights coordinator below:

Medicare Customer Service

Civil Rights Coordinator MS: B32AG, PO Box 1827 Medford, OR 97501 1-866-749-0355, (TTY: 711) Fax: 1-888-309-8784 medicareappeals@regence.com

Customer Service for all other

plans Civil Rights Coordinator MS CS B32B, P.O. Box 1271 Portland, OR 97207-1271 1-888-344-6347, (TTY: 711) CS@regence.com You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Room 509F HHH Building Office for Civil Rights electronically through the Washington, DC 20201 Office for Civil Rights Complaint Portal at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or 1-800-368-1019, 800-537-7697 (TDD). by mail or phone at: Complaint forms are available at

U.S. Department of Health and Human Services 200 Independence Avenue SW, http://www.hhs.gov/ocr/office/file/index.html.

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Language assistance

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-888-344-6347 (TTY: 711).

注意:如果您使用繁體中文,您可以免費獲得語言 援助服務。請致電 1-888-344-6347 (TTY: 711)。

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-888- 344-6347 (TTY: 711).

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-888-344-6347 (TTY: 711) 번으로 전화해 주십시오.

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-888-344-6347 (TTY: 711).

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-888-344-6347 (телетайп: 711).

ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-888-344-6347

(ATS:711)

注意事項:日本語を話される場合、無料の言語支援をご利用いただけます。1-888-344-6347 (TTY:711)まで、お電話にてご連絡 ください。

ti'go **Diné Bizaad**, saad 1-888-344-6347 (TTY: 711.)

FAKATOKANGA'I: Kapau 'oku ke Lea Fakatonga, ko e kau tokoni fakatonu lea 'oku nau fai atu ha tokoni ta'etotongi, pea te ke lava 'o ma'u ia. ha'o telefonimai mai ki he fika 1-888-344-6347 (TTY: 711)

OBAVJEŠTENJE: Ako govorite srpsko-hrvatski, usluge jezičke pomoći dostupne su vam besplatno. Nazovite 1-888-344-6347 (TTY- Telefon za osobe sa oštećenim govorom ili sluhom: 711) ប្រយ័ត្ន៖ បរើសិនជាអ្នកនិយាយ ភាសាខ្មែរ, បសវាជំនួយខ្នួនកភាសា បោយមិនគិត្ត្យូល គឺអាចមានសំរារ់រំបរីអ្នក។ ចូរ ទូរស័ព្វ1-888-344- 6347 (TTY: 711)។

ਧਿਆਨ ਧਿਓ: ਜੇਤੁਸੀਂ ਪੰ ਜਾਬੀ ਬੋਲਿੋਹੋ, ਤਾਂ ਭਾਸ਼ਾ ਧ ਿੱਚ ਸਹਾਇਤਾ ਸੇ ਾ ਤੁਹਾਡੇਲਈ ਮੁਫਤ ਉਪਲਬਿ ਹੈ। 1-888-344- 6347 (TTY: 711) 'ਤੇਕਾਲ ਕਰੋ।

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlose Sprachdienstleistungen zur Verfügung. Rufnummer: 1-888-344-6347 (TTY: 711)

ማስታወሻ:- የሚናገሩት ቋንቋ አማርኛ ከሆነ የትርጉም እርዳታ ድርጅቶ ች፣ በነጻ ሊያግዝዎት ተዘጋጀተዋል፤ በሚከተለው ቁጥር ይደውሉ 1-888-344-6347 (መስማት ለተሳናቸው:- 711)።

УВАГА! Якщо ви розмовляєте українською мовою, ви можете звернутися до безкоштовної служби мовної підтримки. Телефонуйте за номером 1-888-344-6347 (телетайп: 711)

ध्यान दिनहोस्: तपार्इलेनेपाली बोल्नहुन्छ भनेतपार्इको दनदतत भाषा सहायता सेवाहरू दनिःशल्ुक रूपमा उपलब्ध छ । फोन गनुहोस्1-888-344-6347 (दिदिवार्इ: 711

ATENȚIE: Dacă vorbiți limba română, vă stau la dispoziție servicii de asistență lingvistică, gratuit. Sunați la 1-888-344-6347 (TTY: 711)

MAANDO: To a waawi [Adamawa], e woodi ballooji ma to ekkitaaki wolde caahu. Noddu 1-888-344-6347 (TTY: 711)

โปรดทราบ: ถา้คุณพดู ภาษาไทยคุณสามารถใชบั ริการช่วยเหลือทางภาษาไดฟ้ รี โทร 1-888-344-6347 (TTY: 711)

ໂປດຊາບ: ຖ້າວ່າ ທ່^{ານເ}ວ[້]າພາສາ ລາວ, ການໍບິລການຊ່ວຍເຫຼື ອດ້ານພາສາ, ໂດຍ^{ໍ່ບເສ}້ຽຄ່າ, ແມ່ ນມີ ພ້ອມໃຫ້ທ່ານ. ໂທຣ 1-888-344-6347 (TTY: 711)

Afaan dubbattan Oroomiffaa tiif, tajaajila gargaarsa afaanii tola ni jira. 1-888-344-6347 (TTY: 711) tiin bilbilaa.

توجه: اگر به زبان فارسی صحبت می کنید، تسهیالت زبانی بصورت رایگان برای شما تماس بگیرید 6347-348-881) TTY: فراهم می باشد. با (711

ملحوظة: إذا كنت تتحدث فاذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-888-344-6347))رقم هاتف الصم والبكم 711) TTY:

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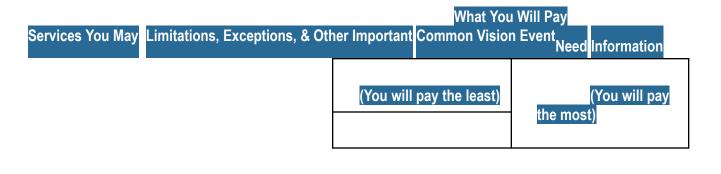
Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services Coverage Period: 9/1/2023 – 8/31/2024 Regence BlueShield of Idaho, Inc.: Regence Choice Vision Plan Coverage for: Individual and Eligible Family

The Summary of Benefits and Coverage (SBC) document will help you choose a vision <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered vision care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, go to https://regence.com. For <u>provider</u> or benefit questions call VSP at 1 (844) 299-3041. For membership questions call Regence at 1 (888) 367-2117. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance</u> <u>billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at healthcare.gov/sbc-glossary or call 1 (888) 367-2117 to request a copy.

What is the overall deductible?	\$0	See the Common Vision Event chart below for your costs for services this <u>plan</u> covers.
Are there services coveredbefore you meet your deductible?	Not applicable.	See the Common Vision Event chart below for your costs for services this <u>plan</u> covers.
Are there other <u>deductibles</u> for specific services?	No.	See the Common Vision Event chart below for your costs for services this <u>plan</u> covers.
What is the <u>out-of-pocket</u> limit for this plan?	Not applicable.	This <u>plan</u> does not have <u>an out-of-pocket limit</u> on your expenses.
What is not included in theout-of-pocket limit?	Not applicable.	This <u>plan</u> does not have <u>an out-of-pocket limit</u> on your expenses.
Will you pay less if you usea <u>network provider?</u>	Yes. See https://regence.com/go/ID/VSPNetwork or call 1 (844) 299-3041 for a list of VSP doctors.	This <u>plan</u> uses a vision <u>provider network</u> (Vision Service Plan). You will pay less if youuse a vision <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use <u>an</u> <u>out-of- network</u> vision <u>provider</u> , and you might receive a bill from a vision <u>provider</u> for the difference between the provider's charge and what your plan pays (balance

		billing).
Do you need <u>a referral</u> to see a specialist?	No.	You can see the <u>specialist</u> you choose without a <u>referral.</u>

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For services provided by <u>an out-of-network provider</u>, you pay all charges up front then submit a claim for

No charge up to the <u>out-of-network provider</u> limit Routine examinationNo charge	out-of- network providers.
vision	For services provided by an <u>out-of-network provider</u> , you pay all charges up front then submit a claim for reimbursement.
	1 pair of frames / calendar year Frames limited to \$200 for VSP doctors. Frames limited to \$110 for VSP approved wholesale/retail vendors. Frames limited to \$70 for <u>out-of-network providers.</u>
	1 pair of standard glass or plastic lenses / calendar year for either:

Vision hardwareNo charge up to the VSP docto	Lined trifocal lenses; r Lenticular lenses; or	year supply for VSP doctors.
limit	Contact lenses*.	Single vision lenses limited to \$30 for out-of-network providers.
No charge up to the <u>out-of-</u> <u>network provider</u> limit Single vision lenses; Lined bifocal (or standard progressive) lenses;	Elective contact lenses* limited up to \$200 for VSP doctors. Necessary contact lenses* limited to a calendar	Lined bifocal (or standard progressive) lenses limited to \$50 for <u>out-of-network providers.</u>

Services You May Limitations, Exceptions, & Other Important Common Vision Event Information (You will pay the least) (You will pay the least) (You will pay

Lined trifocal lenses limited to \$65<u>for out-of-network</u>

Page 2 of 4

providers.

Lenticular lenses limited to \$100 for out-of-network providers.

Elective contact lenses* (including fitting/evaluation services) limited to \$105 once / calendar year for <u>out-of-network providers.</u>

Necessary contact lenses* (including fitting/evaluation services) limited to a calendar year supply up to \$210 for <u>out-of-network providers.</u>

*Contact lenses are in lieu of all other frame and lens benefits. When you receive contact lenses, you will not be eligible for any frames or other types of lenses until the next calendar year.

For services provided by <u>an out-of-network provider</u>, you pay all charges up front then submit a claim for reimbursement.

1 contact lens evaluation and fitting examination /

No charge up to the <u>out-of-</u> and fitting examination\$60 <u>copay</u> <u>network</u>	care aids ^{25%_} coinsurance 25%_coinsurance calendar year
provider limit Contact lens evaluation	Elective contact lens evaluation and fitting examination (including elective contact lenses) limited to \$105 for <u>out-of-network providers.</u> Necessary contact lens evaluation and fitting examination (including necessary contact lenses) limited to \$210 for <u>out-of-network providers.</u> For services provided by <u>an out-of-network provider</u> , you pay all charges up front then submit a claim for reimbursement.
No charge up to the <u>out-of-</u> examinations (testing) No charge	\$1,000 low vision maximum / 2 calendar years, including supplemental
provider limit Low vision supplemental	examinations (testing) and care aids 2 supplemental examinations / 2 calendar years Supplemental examinations limited to \$125 <u>for out-of-</u> <u>network providers.</u>
Low vision supplemental	

Excluded Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Corrective vision treatment of an experimental nature
- Cosmetic services and supplies

- Fees, taxes and interest
- Medical or surgical treatment of the eyes Non-direct patient care
- Orthoptics or vision training
- Plano lenses
 - Two pair of glasses in lieu of bifocals

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